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## Childhood Obesity Prevention Programs: Comparative Effectiveness Review and Meta-Analysis (Appendices): Comparative Effectiveness Review Number 115 (Paperback)

By U S Department of Health Human Services, Agency for Healthcare Research and Quality

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Childhood Obesity Prevention Programs: Comparative Effectiveness Review and Meta-Analysis - Appendices (see also Main Report ) - The epidemic of childhood obesity is threatening America s children. Overweight children and adolescents are at greater risk for health problems compared with their normal-weight counterparts and are more likely to become obese adults. Obese children and adolescents are more likely to have serious health conditions, such as cardiovascular, metabolic, and psychosocial illnesses; type 2 diabetes; hypertension; high cholesterol; stroke; heart disease; nonalcoholic fatty liver disease; certain cancers; and arthritis. Other reported health consequences of childhood obesity include eating disorders and mental health issues, such as depression and low self-esteem. Childhood obesity is highly prevalent in the U.S. Obesity is the result of biological, behavioral, social, environmental, and economic factors and the complex interactions among these factors that promote a positive energy balance. At present, the way that these factors contribute to the disparities in obesity prevalence among population groups in the U.S. is poorly understood. Nevertheless, a growing body of research suggests that many factors interact, including individual factors, home influences, the school environment,...



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