



Kendo: A Comprehensive Guide to Japanese Swordsmanship

By Salmon, Geoff

Tuttle Publishing, Singapour, 2013. Couverture souple. Condition: Neuf. Many b./w. illustrations. « This richly informative book takes a definitive look at kendo - the ancient Japanese "Way of the Sword." Kendo holds a special place within the martial arts as one of the few martial practices tracing back directly to Japan's ancient samurai heritage. Modern students flock to kendo for physically and mentally challenging activity that combines traditional martial arts values with strenuous physical activity. Author Geoff Salmon has over 40 years of kendo experience gained in and outside of Japan.».



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