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## When Doing It All Won't Do: A Self-Coaching Guide for Career Women--Workbook Edition

By Barbara A McEwen, John G Agno

Coached to Success, United States, 2011. Paperback. Book Condition: New. 278 x 214 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book deserves to be read by all women who strive to achieve fulfillment in both their personal and professional lives. The authors deftly examine the reasons behind why so many articulate and well-educated women today feel overwhelmed and underappreciated. It is hardly news that, despite the feminine revolution that began in the 1970 s, the majority of women have not found the enjoyment, lifestyle or satisfaction they once imagined. The reason they attribute to their problem is that they have taken on too much! But, that is just the tip of the iceberg. Career women, in particular, have come to believe it is their lot in life to be running on 8 cylinders day in and day out. Women are dancing to a frenzied beat, believing just because they can, they think they should. They have been taught if they are capable of doing something it shouldn't be necessary to look for help. This has led women to become frustrated by experiencing long days and nightmarish schedules. Women are exhausted. Authors Barb McEwen and...



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